



# COVID Support Group

**For those who are struggling with the impact of coronavirus**

Join us as we support each other and share feelings, coping strategies, and information. This remote 4-week group will cover concerns about being or getting sick, worries about loved ones, financial concerns, social isolation or overcrowding, homeschooling, job loss, emotional difficulties, and more.

Attend via audio/video platforms or by phone.

**May 5-26, 2020**

**Tuesdays from 3-4 p.m.**

**Facilitator: Rebecca Gerstein, LCSW**

**To register for this group, call Eileen Goris at 212.233.5032**

**ALL MAJOR HEALTH INSURANCE PLANS ACCEPTED**

**REASONABLE SELF-PAY OPTIONS AVAILABLE**